

Retreat and Refresh

California



Country Inn & Suites By Carlson, Ontario

231 North Vineyard Avenue
Ontario, CA 91764
(909) 937-6000

Country Inn & Suites By Carlson, San Bernardino (Redlands)

1650 Industrial Park Avenue
Redlands, CA 92374
(909) 792-7913

Country Inn & Suites By Carlson, Ontario at Ontario Mills

4674 E Ontario Mills Parkway
Ontario, CA 91764
(909) 204-5365

Indulge in the Arts

Big Bear Solar Observatory—one of only six solar observatories in the world—sits on an island in the center of a lake in the San Bernardino Mountains. It is the perfect location for star-gazing—even, quiet and dark.
bbso.njit.edu

In addition to pieces from ancient Egypt and Italy, the Robert V. Fullerton Art Museum features contemporary works by Andy Warhol, David Hockney and John Lennon. The museum is located on the campus of CSU-SB and hosts several special exhibits each season.
rvf-artmuseum.csusb.edu

Eat, Drink and Be Merry

Sushi, sashimi and nigiri—oh my! You can sit at the bar or grab a table to enjoy Sayaka's artfully presented fares. If sushi isn't your thing, you can also enjoy teppanyaki options, such as lobster tail, steak and chicken. You definitely won't leave hungry: Each entrée is served with an appetizer, vegetables, soup, salad and steamed rice.
sayakajapaneserestaurant.com

One of the area's top Mexican joints, Filipe's features food with fresh ingredients, including their made-from-scratch daily tortillas. In addition to the outstanding menu and a zesty salsa bar, you can choose from an assortment of premium tequilas to customize your margarita.
felipesonline.com

Take a Breath of Fresh Air

Lake Arrowhead is primarily an alpine resort community, but in summer and fall months, you can enjoy biking, sailing and attending outdoor festivals.
lakearrowhead.net

Head to Rim Nordic, a popular winter retreat, to enjoy hiking and mountain biking in the off-season. Make sure you bring your camera to snap some of the scenic surroundings as you wind through trails and terrain.
rimnordic.com

Shop Till You Drop

Looking for some intense shopping? Head to Inland Center—this shopping center covers over a MILLION square feet and is one of the area's biggest attractions. In addition to Macy's and Sears, you'll find 100+ specialty name-brand shops.
inlandcenter.com

Relax and Rejuvenate

After a day of shopping, dining and taking in the scenery, relax with a massage, a facial or a sun salutation. The below spas and yoga studios will leave you breathing deeply and thinking clearly:

bikramyogaclaremont.com
trendsettersalon.net

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