

Retreat and Refresh

Tampa



Country Inn & Suites By Carlson, Tampa/Brandon

915 South Falkenburg Road
Tampa, FL 33619
(813) 315-1777

Country Inn & Suites By Carlson, Pinellas Park

8050 U.S. Highway 19 N
Pinellas Park, FL 33781
(727) 545-5777

Country Inn & Suites By Carlson, Tampa Airport North

8109 Benjamin Road
Tampa, FL 33634
(813) 881-1800

Country Inn & Suites By Carlson, Lakeland

4500 Lakeland Park Drive
Lakeland, FL 33809
(863) 595-4500

Country Inn & Suites By Carlson, Tampa East

11551 Discovery Lane
Seffner, FL 33584
(813) 675-8600

Country Inn & Suites By Carlson, Bradenton at I-75

5610 Manor Hill Lane
Bradenton, FL 34203
(941) 363-4000

Indulge in the Arts

The Tampa Museum of Art is an attraction due not only to its impressive collection, but also to the beauty of the museum itself. Designed by renowned architect Stanley Saitowitz, the building features transparent ceilings, stone floors and an outdoor sculpture garden. If you can time your visit right, visit "Art After Dark," held every third Friday. You'll enjoy live entertainment and culinary treats while you explore the galleries.
tampamuseum.org

Eat, Drink and Be Merry

Water Sushi is considered one of the best places in Tampa for sushi. In addition to all the typical sushi favorites (sticky rice, fresh seafood, interesting vegetable dishes), the restaurant features a bar area perfect for solo diners. In case you're not familiar with sushi lingo, the menu features a glossary sure to help you order like a pro.
cicciostampabay.com/menus.php

People visit The Colonnade for Florida favorites like seafood po'boys and corn muffins, but the real treat isn't the dessert, it's the view—the stunning scenery is something of a local secret and one you're sure to remember to visit time and time again.
thenade.com

Take a Breath of Fresh Air

Canoe Escape is the perfect place for a serene getaway. From canoeing and kayaking to bird watching and picnicking, you'll paddle through waters and walk through a 16,000-acre wildlife preserve as you drink in the scenery. You can go out on your own or take a guided tour; either way, you'll love the bird songs and the fall foliage.
canoeescape.com

Shop Till You Drop

Although the Channelside Bay Plaza offers myriad shopping, dining and lounging opportunities, the best feature is probably the wine market—and its 32-bottle wine-dispensing machine. You can purchase a half glass, a full glass or just a taste. Other entertainment includes an IMAX theater, a cinema and a bowling alley.
channelsidebayplaza.com

Visit the SoHo district for everything from restaurants and shopping to trendy living spaces. Speckled among the 30+ eateries on South Howard Street, you'll find art galleries and a variety of other specialty shops.
westfield.com/citruspark

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Relax and Rejuvenate

After a day of shopping, dining and taking in the scenery, relax with a massage, a facial or a sun salutation. The below spas and yoga studios will leave you breathing deeply and thinking clearly:

gardensofyoga.com
glowdayspatampa.com
sbspa.com

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