

Welcome to Binoculars Country.



You won't want to miss a New York minute. Hike through a state park and discover a nature shower for the entire family to enjoy. Kids will be able to combine golf with science, have a chance to blow their own decorative glass piece and interact with satellites. Top it all off with fireworks over Niagara Falls in Ontario, Canada.




I love this Country.™

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2-day itinerary - Ithaca, New York

Welcome to Binoculars Country. Inspiration awaits in the form of breathtaking views and unforgettable scenery at every turn. But before you take in the beauty of upstate New York, start the day with a complimentary hot breakfast from the Country Inn & Suites By Carlson® in Ithaca. Stroll through picturesque natural settings in Robert H. Treman State Park, then find a quiet spot to enjoy a picnic lunch fresh from the Ithaca Farmers Market. End the day with a relaxing swim in the pool, then enjoy fresh cookies while planning your next adventure.

Ithaca-area Country Inns & Suites By CountrySM locations:

-  Country Inn & Suites By Carlson of Ithaca – 2.7 miles from downtown
- Country Inn & Suites By Carlson, Cortland, NY – 34 miles from downtown
- Country Inn & Suites By Carlson Big Flats – 35 miles from downtown


<p>Robert H. Treman State Park</p>	<p>Mom’s Choice**: You have your choice of unbelievably beautiful waterfalls and cascading rapids, but few parks offer the chance to swim and get soaked at a spot like Enfield Glen, a nature shower that is safe enough for the whole family. Gorges and trails reveal a handful of sinfully delightful sights—like Lucifer Falls and Devil’s Kitchen. Bring a picnic and spend all day enjoying the scenery of this fantastic park. Admission is \$7 per vehicle starting July 1.</p>	<p>nysparks.state.ny.us/parks/info.asp?parkId=104</p>
<p>Galaxy Golf at the Sciencenter</p>	<p>Combining miniature golf with science, Galaxy Golf takes putting to a whole new level—check that, a whole new universe! Applying scientific principles with every stroke, your family won’t notice how much they’re learning because they’ll be too busy having fun. A round of golf runs \$4 per person.</p>	<p>sciencenter.org</p>
<p>Ithaca Farmers Market</p>	<p>Mom’s Choice**: With more than 150 vendors at this outdoor venue, your family can eat healthy while enjoying Binoculars Country. Open every weekend from spring through fall, the Farmers Market is the place for locals to purchase the freshest fruits, vegetables and produce in the region. Try the peanut noodles from Macro Mamma or the Balep Korkun from Tibetan Food. Lots of live music throughout the summer. Admission is free, and the produce prices can’t be beat.</p>	<p>ithacamarket.com</p>
<p>Allison’s Acres</p>	<p>Just eight miles north of Ithaca, in Trumansburg, Allison’s Acres features bushels of fruitful delights for families. Pick your own strawberries. Let the kids burn off some energy in the play area. Enjoy the freshest berries your hands can grab! Picking season starts in late June.</p>	<p>allisonsacres.com</p>

**Mom’s Choice designation is based on fun for the whole family, Mom’s approval, and price.

4-day itinerary - Rochester, New York

After two days touring Ithaca's watery wonders and historical landmarks, head north 89 miles to Rochester. Explore this port city with a canal boat ride and make a stop at the Charlotte-Genesee Lighthouse for the perfect view. Experience the rich history of the area with a tour of the Corning Museum of Glass or George Eastman House—of Eastman Kodak fame—before unwinding back at the hotel with a soak in the hot tub and book from the Read It & Return Lending Library.SM

Rochester-area Country Inns & Suites By Carlson locations:

-  Country Inn & Suites By Carlson, Rochester Brighton, NY – 3.8 miles from downtown
- Country Inn & Suites By Carlson Rochester - Henrietta, NY – 7.2 miles from downtown
- Country Inn & Suites By Carlson Mount Morris – 35 miles from downtown

<p>Rose Lummis Canal Boat Rides</p>	<p>Rochester serves as a port city for a vast portion of the northeastern portion of the United States, so what better way to explore this bustling town than in the comforts of a canal boat? Rose Lummis Canal Boat Rides offer a wide variety of ride options. A one-hour cruise runs \$10 for adults and \$8 for students. Rose Lummis also offers dinner cruises and a multitude of romantic watery adventures.</p>	<p>roselummis.com</p>
<p>Corning Museum of Glass</p>	<p>Mom's Choice**: Your kids will be "blown away" by the chance to blow their own decorative glass piece. The Corning Museum of Glass explores the history and tradition of this iconic American company, while offering hands-on tours and demonstrations for families and groups. Tours start at \$12.50 for adults, while students 19 and under are free. Make your own glass items, starting at \$17.</p>	<p>cmog.org</p>
<p>George Eastman House</p>	<p>You'll want to snap a few photos of the family at the Eastman House. The Kodak founder's home is open for tours and offers an expansive look back at the history of photography and, of course, the contributions Kodak has made along the way. Admission is \$10 for adults, \$4-6 for kids.</p>	<p>eastmanhouse.org</p>
<p>Bazil's Restaurant</p>	<p>Don't miss Bazil's Restaurant for casual Italian dining. This family favorite is run by owners Mario and Flora Daniele who were both born in the same hometown of Castelnuovo, Italy. Most meals are less than \$15.</p>	<p>bazilrestaurant.com</p>
<p>Charlotte-Genesee Lighthouse</p>	<p>No trip to a Great Lake would be complete without visiting an awe-inspiring lighthouse. Pivotal in guiding ships out of harbor and onto the high seas, Charlotte-Genesee Lighthouse has a rich tradition. Admission is free, and the views are priceless!</p>	<p>geneseeighthouse.org</p>

<p>Rochester Red Wings Baseball</p>	<p>The Triple-A Minor League affiliate of the Minnesota Twins, the Rochester Red Wings play Major League-level competition without the high price. This is your chance to see the stars of tomorrow before they make it to the big leagues—or maybe even see one of your favorite players working to get back into the spotlight. Win or lose, there’s not a bad seat in the house. Tickets prices vary, check website for schedule and availability. Tickets range from \$6.50 for reserved to \$10.50 for premium seating</p>	<p>redwingsbaseball.com</p>
<p>Guided Walking Tours of Mount Hope Cemetery</p>	<p>Come face-to-face with mortality at Rochester’s most famous cemetery. Architect James Gould Cutler and 19th-century artist Emma Lambert Cooper, among others, call Mount Hope their final resting place. Take in the eerie beauty of this cultural landmark, which dates back to before the Revolutionary War. Tours start at \$4 per person.</p>	<p>fomh.org</p>
<p>“Eyes on Earth” Exhibit at Rochester Museum and Science Center</p>	<p>Ever get the feeling that you’re being watched? Well, at “Eyes on Earth” at the Rochester Museum and Science Center, find out how many eyes actually ARE watching you! Kids of all ages can touch and interact with satellites and technology that makes our mobile lifestyle possible. Admission is \$15 for adults, \$11 for kids. Cost includes admission to the Planetarium.</p>	<p>rmsc.org</p>

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7-day itinerary - Niagara Falls, Ontario, Canada

Take a scenic drive west to the ultimate spot for scenic views, Niagara Falls State Park. After a relaxing night at the award-winning Country Inn & Suites By Carlson® Niagara Falls, Ontario, Canada, get swept away by the oldest state park in the U.S. Delight in one of the park's many attractions available during the day, or stay for the free fireworks over the falls on weekend evenings. Include indoor scenery on the agenda at the Butterfly Conservatory, or kick back with an in-room movie at the hotel. With the variety of destinations available in Scenic Views Country, you'll fall in love with this Country all over again.

Niagara Falls-area Country Inns & Suites By Carlson location:

 Country Inn & Suites By Carlson, Niagara Falls, ON – 1 mile from downtown

<p>Niagara Falls State Park</p>	<p>Mom's Choice**: The oldest state park in the U.S. offers biking, fishing and cross-country skiing, and contains plenty of hiking and walking trails, including the Niagara Gorge Trail System. Writers, artists and prominent figures have also flocked to the falls to feel the spark of creativity only the park's panoramic views can create. There are more than a dozen attractions within the park. There's enough to do and see that you could spend a week in the park. Buy an online pass to save money. Children ages 6-12, \$26; adults, \$33.</p>	<p>niagarafallsstatepark.com</p>
<p>Basell's Restaurant and Tavern</p>	<p>For home cooking in an unpretentious atmosphere, locals highly recommend Basell's Restaurant and Tavern. Basell's features '50s style restaurant booths or seating on the old-fashioned counter stools. This mom-and-pop diner features large portions at reasonable prices.</p>	<p>falls.net/dining/basells.htm</p>
<p>Fireworks over Niagara Falls</p>	<p>Don't miss the free fireworks displays. They start every Friday-Sunday at 10 p.m.</p>	<p>niagarafallsstatepark.com</p>
<p>Daredevil Museum</p>	<p>Learn about the daredevils who tried to conquer the falls at this fascinating museum. Their experiences are recounted through videos, photos and artifacts, including the barrel used by the first male and female pair to plunge over the falls. It's free.</p>	<p>niagarafallslive.com/daredevils_of_niagara_falls.htm</p>
<p>Butterfly Conservatory</p>	<p>This magical attraction on the Canadian side of the falls comes highly recommended by kids young and old. It features more than 2,000 colorful tropical butterflies floating freely among lush, exotic flowers and plants. Paths wind through a rainforest setting, past a pond and waterfall. \$11.50 (CAN) adults (13+ years), \$6.80 (CAN) children (6 to 12 years).</p>	<p>niagaraparks.com/garden/butterfly.php</p>

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